

August 2025

# Ava Lakmazaheri

PhD Candidate, Mechanical Engineering, Stanford University

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## ACADEMIC POSITION

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### Postdoctoral Fellow in Bioengineering

Starting Sep 2025

Harvard University, Boston, MA

Advisor: Patrick Slade, PhD

## EDUCATION

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### PhD in Mechanical Engineering

Sep 2020 – Aug 2025

Stanford University, Stanford, CA

Thesis: Toward co-adaptive human-exoskeleton interaction

Advisor: Steven H. Collins, PhD

### BS in Mechanical Engineering

Aug 2016 – May 2020

Olin College of Engineering, Needham, MA

## RESEARCH INTERESTS

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Wearable Assistive Devices · Exoskeletons · Human-Robot Interaction · Co-Adaptation · Motor Learning · Biomechanics · Rehabilitation Engineering · Adaptive Control · User-Centered Design

## PUBLICATIONS

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**Lakmazaheri, A.** and Collins, S.H. (2025). Biofeedback speeds adaptation to exoskeleton gait assistance. Under review at *Transactions on Neural Systems and Rehabilitation Engineering*.

**Lakmazaheri, A.** and Collins, S.H. (2025). Characterizing expert exoskeleton-assisted gait: insights to accelerate exoskeleton mastery. In press at *IEEE Transactions on Medical Robotics and Bionics*. [Invited journal publication.]

**Lakmazaheri, A.\***, Song, S.\*, Vuong, B.B., Biskner, B., Kado, D.M. and Collins, S.H. (2024). Optimizing exoskeleton assistance to improve walking speed and energy economy for older adults. *Journal of NeuroEngineering and Rehabilitation*, 21(1), p.1. \*Contributed equally.

Franks, P.W., Bryan, G.M., Martin, R.M., Reyes, R., **Lakmazaheri, A.**, and Collins, S.H. (2021). Comparing optimized exoskeleton assistance of the hip, knee, and ankle in single and multi-joint configurations. *Wearable Technologies*, 2, p.e16.

Adler, J.M., **Lakmazaheri, A.**, O'Brien, E., Palmer, A., Reid, M., Tawes, E. (2021). Identity integration in people with acquired disabilities: A qualitative study. *Journal of Personality*, 89(1), pp.84–112.

Mason, A.E., Adler, J.M., Puterman, E., **Lakmazaheri, A.**, Brucker, M., Aschbacher, K., Epel, E.S. (2019). Stress resilience: Narrative identity may buffer the longitudinal effects of chronic caregiving stress on mental health and telomere shortening. *Brain, Behavior, and Immunity*, 77, pp.101–109.

## PRESENTATIONS

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### INVITED TALKS

Training for Adaptability: Integrating Motor Learning Frameworks into Coaching Practice (2025). Stanford Athletics, **Stanford University**, Stanford, CA.

Toward Co-Adaptive Human-Exoskeleton Interaction (2025). Bioengineering, **Harvard University**, Boston, MA.

Training and Optimization Techniques to Improve Human-Exoskeleton Interaction (2025). Department of Biomedical Engineering, **University of Delaware**, Newark, DE.

Turning Brainwaves into Action (2015). **TEDxYouth**. Zhengzhou, China.

### PODIUM PRESENTATIONS

Learning from Experts: Accelerating Exoskeleton Training with Biofeedback (2025). **IEEE International Conference on Rehabilitation Robotics**, RehabWeek, Chicago, IL.

Optimizing Musculotendon Parameters to Simulate Walking with Ankle-Foot Orthoses in Children with Cerebral Palsy (2019). Center for Neurotechnology Symposium, **University of Washington**, Seattle, WA.

### POSTER PRESENTATIONS

Optimizing Exoskeleton Assistance to Improve Walking Speed and Energy Economy for Older Adults (2023). **American Society of Biomechanics**, Knoxville, TN. [Thematic poster and oral presentation.]

Exploring Steady-State Visual Evoked Potentials with Video Stimuli (2019). **Society for Neuroscience**, Chicago, IL.

Brain-Actuated Robotics: Controlling a Humanoid Using Electroencephalography (2016). **London International Youth Science Forum**, London, England.

## TEACHING & MENTORSHIP

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### Research and Professional Mentorship

2021 – Present

Advised 1 master's student (Stanford University), 3 undergraduate students (Howard University & Olin College of Engineering), and 1 high school student (Shrewsbury High School). Guided research ideation and design across independent projects. Supported technical and professional writing. Student outcomes include a co-authored peer-reviewed publication, national STEM research award, and acceptances to the NSF Research Experience for Undergraduates and MIT Summer Research Program.

### Teaching Assistant for Mechanical Systems Design

2024

*Stanford University*

Guest lectured on energy efficiency, held weekly oral exams and twice-weekly office hours, and advised student project teams.

**Guest Lecturer for Neurotechnology, Brains, and Machines** 2023

*Olin College of Engineering*

Led discussions on ethics in neurotechnology and presented research on human-in-the-loop optimization of assistive technologies.

**Teaching Assistant for Linear Algebra II & Partial Differential Equations** 2018 – 2019

*Olin College of Engineering*

Held weekly office hours and conducted weekly 1:1 sessions with student seeking additional aid.

## **FELLOWSHIPS & AWARDS (\$502,300)**

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**Rising Star in Mechanical Engineering** 2025

Massachusetts Institute of Technology

**Best Student Paper Award** 2025

IEEE International Conference on Rehabilitation Robotics

**Stanford Graduate Fellowship (\$300,000)** 2023 – 2025

Stanford University

**NeuroTech Fellowship (\$7,500)** 2022 – 2023

Stanford University

**Graduate Research Fellowship (\$160,000)** 2021 – 2023

National Science Foundation

**Enhancing Diversity in Graduate Education Fellowship (\$12,800)** 2021 – 2025

Stanford University

**Undergraduate Research Fellowship (\$6,000)** 2019

National Science Foundation

**Clare Boothe Luce Research Fellowship (\$7,000)** 2017

Henry Luce Foundation

**Intel Science Talent Search Semifinalist (\$1,000)** 2016

Society for Science & the Public

**Best of Category/First Place, Robotics & Intelligent Machines (\$8,000)** 2015

Intel International Science and Engineering Fair

## **SERVICE & OUTREACH**

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**Ad-Hoc Reviewer** 2023 – Present

IEEE International Conference on Biomedical Robotics and Biomechatronics

IEEE International Conference on Rehabilitation Robotics

IEEE International Conference on Intelligent Robots and Systems

IEEE Robotics and Automation Letters

Journal of Experimental Biology

Journal of Gerontology: Medical Sciences

<b>Stanford Research Conference</b>	2025
Volunteer judge in Experimental Life Sciences and Computational Sciences for undergraduate researchers across the nation. Provided formal individual feedback of poster presentations.	
<b>Faculty Search Committee (Teaching Track) · Stanford Mechanical Engineering</b>	2023
Read application packets, interviewed candidates, reviewed seminars, and recommended hiring.	
<b>Stanford Biomechanics Laboratory Outreach</b>	2021 – 2025
Provided demonstrations of laboratory research to local older adults and underrepresented K-12 and undergraduate students interested in STEM.	
<b>Health Matters · Stanford Medicine</b>	2021
Led booth at community event, demonstrating exoskeletons and sharing information with older adults about assistive devices to enhance mobility.	

## MEMBERSHIPS & AFFILIATIONS

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American Society of Mechanical Engineers  
American Society of Engineering Education  
Society of Women in Engineering  
Sigma Xi (Scientific Research Honor Society)  
Stanford Mechanical Engineering Women & Gender Minorities Group  
Stanford Wu Tsai Center for Mind, Brain, Computation and Technology